

Middlesex County Walk for Better Health

Milltown Mayor's Wellness Campaign

Partnered with M.C.F.O.O.D.S

Join us for a 2/3 mile walk and health fair to benefit

Feeding Middlesex County, a 501(c)3 non-profit

April 21, 2018

9:00AM – NOON

The Pavilion at the American Legion Post 25

4 JF Kennedy Drive, Milltown, NJ 08850

Suggested donation \$5.00

To register, donate or more info please call 732.723.8106 or email

feedingmiddlesexcounty@gmail.com

(Strollers and toddlers on bikes are acceptable, no skateboards, no motor bikes, and no speed bikes of any kind to ensure the safety of our participants)

Commitments: MCIA-recycling robot, Milltown DPW, Milltown Recreation, Milltown Chamber of Commerce, Saint Peter's University Hospital-free screenings, MC Health & Wellness, and many more.

Door prizes for participants from 4th of July Committee, Milltown Ice Cream Depot, Acme.

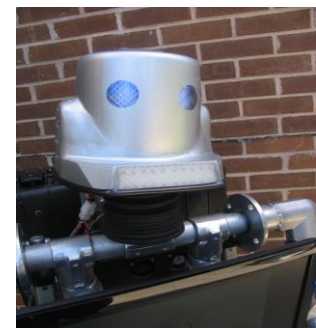
For **vendor participation** email Councilwoman Doriann Kerber at dkerebr@milltownboro.com

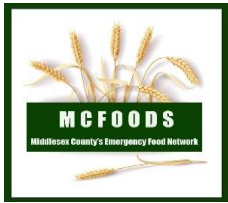


Saint Peter's University Hospital to provide FREE blood pressure and blood sugar screenings.

The walk will begin and end at the Pavilion American Legion with a health fair.

Complimentary walking maps provided by CME Associates.





Middlesex County Walk for Better Health

Registration and Activities start at 9:00, Walk starts at 10:00

DOOR PRIZES available and you **MUST** be present to win, drawing will start approximately 11:30am (this is based upon prizes donated from our local businesses and may start a little earlier).

WE THANK YOU FOR YOUR SUPPORT

WALKER INFORMATION:

Last Name: _____ First Name: _____

Mailing Address _____ City: _____ State: _____ Zip: _____

Phone Number: Cell: _____ Email: _____

Additional Walkers:

Donation (\$5 minimum) CASH _____ Check# _____ Amount: _____

Please mail registration form and donation to Feeding Middlesex County, PO BOX 781, Edison, NJ 08818 or you may bring the day of the event. For questions or additional information 732-723-8106 or email us feedingmiddlesexcounty@gmail.com

Strollers and toddlers on bikes are acceptable. Absolutely No skateboarding, No motor bikes, or No speed bikes. We want to ensure the safety of our participants.

ALL proceeds to benefit Feeding Middlesex County, a 501(c)3 non-profit organization which supports MCFOODS, our county food bank, to assist 100 food locations throughout the county.

